

SUSTAINABILITY IN HEALTH: SCALE DEVELOPMENT ON NURSING STUDENT ATTITUDES

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INTRODUCTION

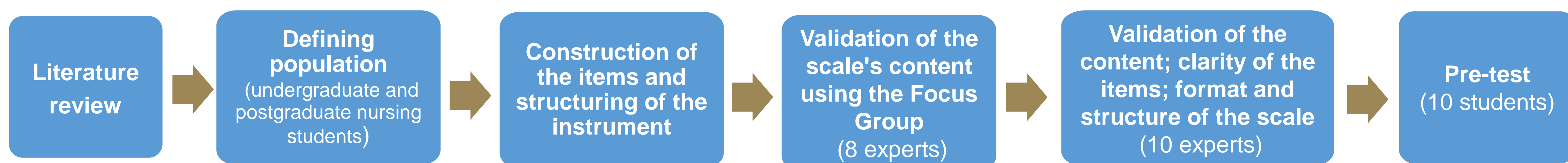
Global health is an emerging concept that recognizes the interconnection between human health, the health of ecosystems and the health of the planet as a whole, which promotes human well-being.^{1,2} Nurses care for people with illnesses resulting from the impact of climate change and ecologically irresponsible practices that damage ecosystems.³ Despite the urgency of the Sustainable Health theme, studies show that nursing students have little knowledge of this topic, or report that the approach

strategy is unattractive⁴. Awareness of environmental health issues should be integrated into nursing curricula to improve students' knowledge, skills, critical thinking and attitude towards resource scarcity, complex diseases and other environmental changes⁵. Therefore, it is important to create instruments that assess nursing students' attitudes towards this issue, making it possible to raise awareness and adjust study plans.

OBJECTIVE

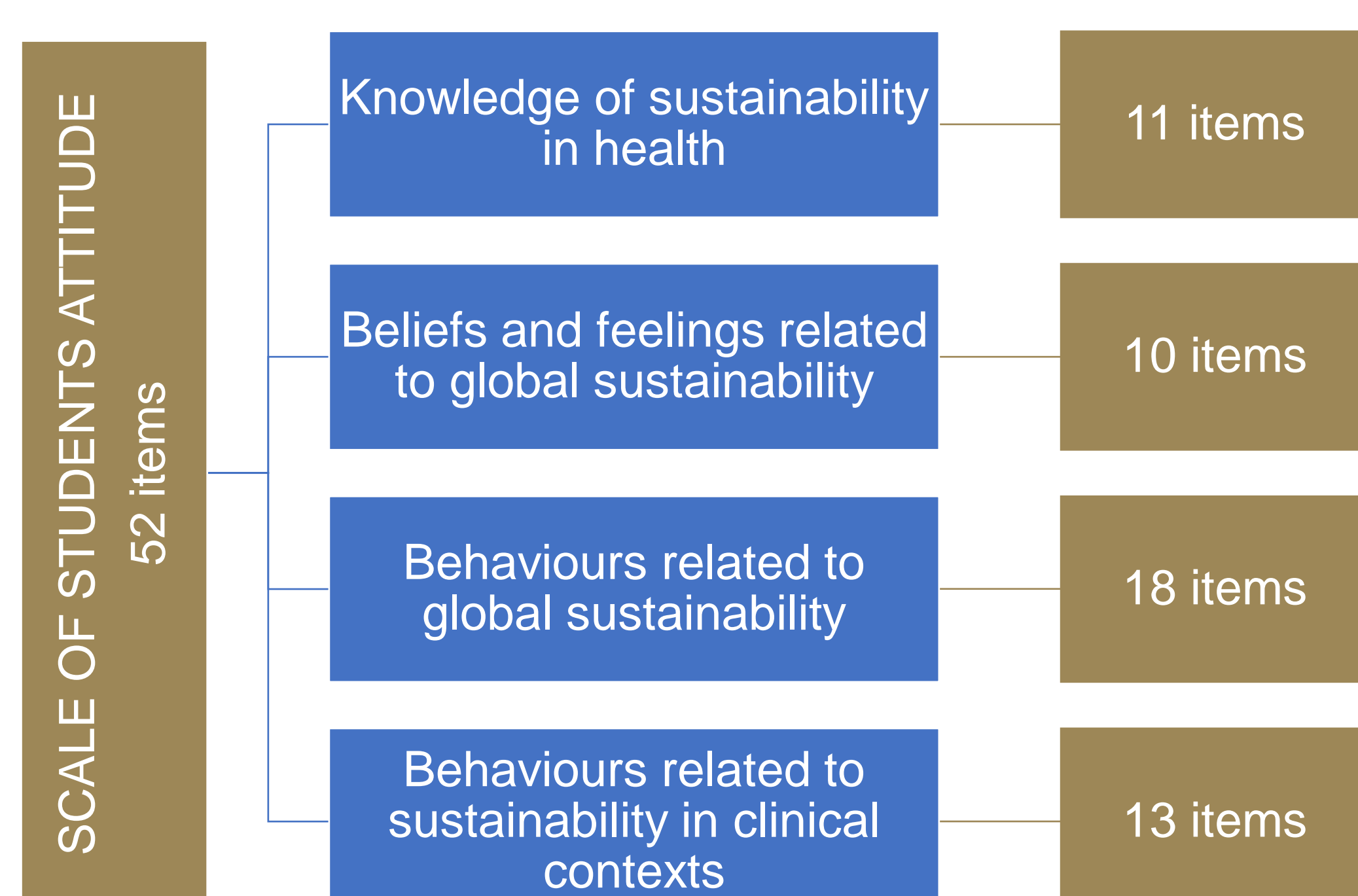
The purpose of this study is to develop a scale to identify nursing students' attitudes towards sustainable health practices.

METHOD



The study took place between June and December 2023 and was approved by an Ethics Committee (Nº. 003/23).

RESULTS



- ✓ Attitude was defined in three domains: cognitive (knowledge), affective (beliefs and feelings) and behavioural (practices and behaviours).
- ✓ Based on the focus group, some items and the overall organization of the scale were altered.
- ✓ With regard to the panel of experts, 98 per cent agreement was obtained for all the items.
- ✓ During the pre-test, the students found it easy to fill in and understand the items, resulting in minor changes to the semantics.

DISCUSSION/ CONCLUSION

A preliminary version of a scale was developed to assess nursing students' attitudes towards sustainability. The next step involves psychometric analysis of the scale using a sample of 500 nursing students.

In the United States, 81% of nursing school leaders surveyed stated they did not include the health implications of climate change in their teaching content, and 67% did not include the health implications of sustainability⁶. It is therefore important to create instruments that assess nursing students' attitudes towards this issue, making it possible to raise awareness and adjust study plans. This contribution will be fundamental in guiding the development of competences and updating curricula.

BIBLIOGRAPHY

